



BABYSITTER'S CHEATSHEET



MEDICAL CONTACTS

EMERGENCY: 911

DOCTOR:

INSURANCE:

POISON CONTROL:

CONTACT US

MOM:

DAD:

GRANDPARENTS:

NEIGHBOR:

WILL BE HOME AT:

PARENT'S INSTRUCTIONS:

MEALTIME:

BEDTIME:

BATH TIME:

DIAPERING:

EXTRA NOTES ON BACK...

